

Multiples make up approximately 1.5% of pregnancies in UK with numbers rising significantly over the past 20 years. Each multiple birth baby is;

- Twice as likely to be stillborn as a singleton
- Almost five times more likely to die in neonatal care.
- Six times more likely to be diagnosed with cerebral palsy

Research shows that when the NICE guideline 129 are implemented in full, the rate of stillbirths, neonatal deaths and C-sections is reduced by up to a third. However only 10-18% of UK units have implemented these guidelines in full.



Join Tamba's Health Professionals community to access:

Multiples specific CPD area

We have developed a multiples specific CPD area on our Tamba website available 24/7 FREE to every health professional that signs up. For access simply follow link below and click on register.

www.tamba.org.uk/health-professionals-welcome

Once registered you will have access to;

- **Free multiple specific CPD material including over 20 videos categorised under antenatal care, intrapartum care and best practice. Watch the videos, reflect on your practice and download a CPD certificate for your professional portfolio.**
- **All the latest information on upcoming events, research and conferences**
- **Free access to all e-copies of Tamba resources like booklets and factsheets in one handy place**
- **Full access to all videos and resources on the Tamba website that is equivalent to our Tamba member's website access**



You will also receive a monthly e-newsletter with regular updates on the Department of Health funded Maternity Engagement Project.

Tamba Resources

- Healthy Multiple Pregnancy Guide, Practical Preparing for Parenthood, Breastfeeding, Twin to Twin Transfusion, Neonatal Guide, Bereavement Guide plus many more
- Factsheets- One Parent Families, Same Sex Couples, Partners, Grandparents, Safer Sleeping, Sleep Expectations, Sleep Top Tips, Perinatal Mental Health for Multiple Birth Families, How Partners, family and friends can help those with PND, Perinatal Mental Health Top Tips for Multiples and many more

To access any of the above services please email maternityengagement@tamba.org.uk
www.tamba.org.uk/health-professionals-welcome