

News

Donna**Ockenden**

MAMA Academy is a registered charity working alongside The Royal College of Midwives with the aim of helping babies arrive safely.

MAMA Academy is delighted to release the findings of an audit conducted to measure the impact of their Wellbeing Wallets. The wallets have been implemented via the community midwives within various sites in London since August 2015, and in April 2016, the London Strategic Clinical Network carried out an audit in St. George's and Lewisham & Greenwich trusts.

With the majority of women participating being in the third trimester of pregnancy, over 70% reported using the wallets regularly. The vast majority of women felt the information on the wallets was accessible and clear. The staff survey demonstrated that women and their families found the wallets helpful in detecting early signs of potential problems.

They now intend to increase the survey across all London sites.

Donna Ockenden fully endorses the work being carried out by the teams involved and the positive impact it is having.

For more information, and the full article please visit the Wellbeing Wallet page at: <http://www.mamaacademy.org.uk/news-events/wellbeing-wallets-improve-pregnancy-outcomes/>